

Medications to Avoid for Allergy Testing

Below is a list of medications which you should not take for 5 days prior to your first allergy appointment as they will interfere with skin test results:

This does not represent an all-inclusive list, but reflects the most common medicines.

Stopping of antidepressants, anti-anxiety, or other psychiatric medicines always needs authorization by the prescribing physician.

Actifed	Loratadine (Claritin, many "store brands")	Alleve PM
Adapin (Doxepin)	Maprotiline (Ludomil)	Excedrin PM
Alavert (All Types)	Mirtazapine (Remeron)	Any medication that causes drowsiness
Allegra (Fexofenadine) - All Types	Meclizine (Anti vert)	Eye Drops: Stop 1-2 days before testing
Amoxapine (Asendin)	Nizatidine (Axid)	Elestat
Amitriptyline (Elavil)	Norpramin (Desipramine)	Optivar
Anafranil (Clomipramine)	Nortriptyline (Pamelor, Avanyl)	Pataday
Antihistamines (ALL)	Nova fed	Patanol
Antivert (Meclizine)	Nyquil	Zaditor
Astelin	Optimine (Azatadine)	
Asternizole (Hismanal) - 6weeks	Omade (Chlorpheniramine)	Topical Medications:
Asendin (Amoxampine)	Pamelor (Nortriptyline)	Bactine
Atarax (Hydroxyzine)	Pediacare	Cortaid
Atrohist	Periactin (Cyproheptadine)	Dermolate
Aventyl (Nortriptyline)	Pepcid (Famotidine)	Hydrocortisone
Axid (Nizatidine)	Phenergan (Promethazine)	
Azaradine (Optimine)	Polyhistine	Herbs:
Benadryl (Diphenhydramine)	Prochlorperazine (Compazine)	Astragalus
Brompheniramine (Bromfen)	Protriptyline (Vivactil)	Milk Thistle
Chlorpheniramine (Ornade)	Ranitidine (Zantac)	Green Tea
Chlorpromazine (Thorazine)	Remeron (Mirtazapine)	Saw Palmetto
Chlortrimaton (Chlorpheniramine)	Robitussin	St. John's Wart
Cimitidine (Tagamet)	Rondec	Feverfew
Claritin (Loratadine)	Rynatan	Allerplex
Clarinx (Desloratidine)	Seldane (Terfenadine)	10/08 hff
Clemastine (Tavist)	Semprex	
Clomipramine (Anafranil)	Sinequan (Doxepin)	
. Compazine (Phenothiazine)	Surmontil (Trimipramine)	
Cyproheptadine (Peri actin)	Tagamet (Cimitidine)	
D'Allergy	Tavist (Clemastine)	
Deconamine	Terfenadine (Seldane)	
Dimetapp	Theratl	
Diphenhydramine (Benadry!)	Thorazine (Chlorpromazine)	
Desipramine (Norpramin)	Tofranil (Imipramine)	
Doxepin (Adapin, Sinequan, Zonalon)	Triaminic	
Dramamine	Trimipramine	
Dristan	Tripeleennamine (PBZ)	
Drixoral	Trinalin	
Duravent	Tylenol Allergy, Cold & Flu Products	
Elavil (Amitriptyline)	Tussionex	
Famotidine (Pepcid)	Zantac (Ranitidine)	
Fexofenadine (Allegra) - All Types	Zicam	
Haldol (Haloperidol)	Zonalon (Doxepin)	
Histussin	Zyrtec	
Hydroxyzine (Atarax, Rezine, Vistanil)		
Imipramine (Tofranil)	Sleep Aids:	
	Tylenol PM	